I have the right

• To ask for a date
• To refuse a date
• To suggest activities
• To refuse any activities, even if my date is excited about them
• To have my own feelings and be able to express them
• To say I think my partner's information is wrong or their actions are unfair or inappropriate
• To ask someone not to interrupt me
• To have my limits and values respected
• To inform my partner when I need affection
• To stand up for myself
• To be heard
• To refuse to lend money
• To refuse affection
• To refuse sex with anyone even though they took me out on an expensive date
• To refuse sex any time for any reason
• To have friends and space aside from my partner(s)
• To have time for myself
• To grow as an individual

I have the responsibility

• To determine my limits and values
• To respect the limits of others
• To communicate clearly and honestly
• To ask for help when I need it
• To be considerate
• To abide by agreed-upon sexual health practices
• To check my actions/decisions to determine if they are good for me or bad for me
• To set high goals
• To advocate for myself

Adapted from “Dating Bill of Rights.” Gender and Sexuality Center at the University of Texas at Austin. www.utgsc.com.

Adapted from information from Safe Place. 267-SAFE www.austin-safeplace.org